

DEPARTMENT OF PSYCHOLOGY

Ilahia College of Arts and Science, Pezhakkapilly

Program Outcomes, Program Specific Outcomes and Course Outcomes

PROGRAM: BSc Psychology

PROGRAMME OUTCOME (PO)

PO1: To familiarize with the major concepts, theoretical perspectives and fields in Psychology,

PO2: To develop a critical understanding of Psychology and apply psychological principles to personal, social and organizational matters.

PO3: To understand and apply research methods in Psychology including research design, data analysis and interpretation.

PROGRAMME SPECIFIC OUTCOME (PSO)

PS01: To provide deep knowledge of biological, psychological and social aspects of human behaviour

PS02: To familiarize with the statistical methods applied in the field of psychology

PS03: To understand and develop scientific inquiry for psychological knowledge and inferences

COURSE OUTCOME (CO)

Semester 1

Core Course: PY1CRT01 - FOUNDATIONS AND METHODS OF PSYCHOLOGY

CO1: To generate interest in psychology

CO2: To understand the basics of various perspectives in psychology

CO3: To appreciate the psychological processes behind behaviour

CO4: To develop critical thinking ability of students.

Complimentary Course 1: PY1CMT02 - BODY SYSTEMS AND BEHAVIOUR

CO1: To understand the biological foundations of behavior

Complimentary Course 2: ST1CMT21 - BASIC STATISTICS

CO1: To inculcate in students the need and importance of statistics in Psychology

CO2: To get them equipped with different statistical presentation of data

Semester 2

CoreCourse: PY2CRT04 - BASIC COGNITIVE PROCESSES

CO1: To improve meta-cognitive abilities

CO2: To apply memory techniques to improve academic performance

CO3: To understand psychological processes that contributes to individual differences

Complimentary Course1: PY2CMT05 - BIOLOGICAL BASIS OF BEHAVIOUR II

CO1: To enable students to understand the influence of physiological system in human behaviour

Complimentary Course 2: ST2CMT22 - STATISTICAL TOOLS III

Semester 3

Core Course: PY3CRT07 - LIVING IN THE SOCIAL WORLD

CO1: To understand the psychological processes behind human behaviour in a social setting

CO2: Explain the psychological aspects of various social phenomena (Understand the psychological aspects of various social issues in the society and the nation)

CO3: Implication of social psychology in everyday living

Complimentary Course1: PY3CMT08 - NEUROPHYSIOLOGY OF BEHAVIOUR

CO1: To help students understand brain behaviour relationship

Complimentary Course 2: ST3CMT23-PROBABILITY AND PROBABILITY DISTRIBUTIONS

Course: PY3P01 - PSYCHOLOGY PRACTICALS-1

CO1: To introduce the basic concepts of experimental psychology

CO2: To facilitate comprehension of the theoretical concepts through experiments

CO3: To develop awareness of psychological instruments and techniques

CO4: To provide basic training in planning and conducting experiments

Semester 4

Course: PY4CRT10 - SOCIAL INTERACTIONS AND HUMAN BEHAVIOUR

CO1: To understand the psychological processes behind human behaviour in a social setting

CO2: Explain the psychological aspects of various social phenomena (Understand the psychological aspect of various social issues in the society and the nation)

CO3: Implication of social psychology in everyday living

CO4: To help the students to get an understanding on measuring human behaviour

Complimentary Course 1: PY4CMT11 - BIOPHYSIOLOGY OF BEHAVIOUR

CO1: To help students to understand the branch of psycho-neuroimmunology

CO2: To understand the physiological basis of basic processes

Complimentary Course 2: ST4CMT24 - STATISTICAL INFERENCE

Course: PY4P02 - PSYCHOLOGY PRACTICALS-II

CO1: To study experimentally the sensory experience and perceptual processes

CO2: Experimentally prove how our perceptual process differs and affect our cognitive processes

CO3: To observe and study the social psychological phenomenon in every day's life situations.

Semester 5

Core Course: PY5CRT13 - ABNORMAL BEHAVIOUR

CO1: To acquaint the students with the history and meaning of abnormal behaviour

CO2: To develop in them awareness about classification systems

CO3: To acquaint the students with the basic minor and major disorder

CO4: To have an understanding regarding the causal patterns and treatment of disorders

Core Course: PY5CRT14 - FOUNDATIONS OF ORGANIZATIONAL BEHAVIOR

CO1: To familiarize and learn concept of human organizations and behavior in organizations

CO2: To introduce topics like Leadership, Motivation, Power, Conflict, Negotiation, in organizations and to learn strategies to manage organizations more effectively

Course: PY5CRT15 - ENVIRONMENTAL PSYCHOLOGY AND HUMAN RIGHTS

CO1: To encourage students to do research, investigate how and why things happen, and make their own decisions about complex environmental issues by developing and enhancing critical and creative thinking skills. It helps to foster a new generation of informed consumers, workers, as well as policy or decision makers

CO2: To help students understand how their decisions and actions affect the environment, build knowledge and skills necessary to address complex environmental issues, as well as ways to take action that can keep our environment healthy and sustainable for the future. It encourages character building, and develop positive attitudes and values

CO3: To develop a sense of awareness among the students about the environment and its various problems and to help the students in realizing the interrelationship between man and the environment and helps to protect the nature and natural resources

CO4: To help the students to acquire the basic knowledge about the environment and the social norms that provide unity with environmental characteristics and create a positive attitude about the environment

CO5: To acquaint students with the nature and basic concepts of environmental psychology

CO6: To synthesize diverse information relevant to human environment relationships in the context of environmental psychology.

Course: PY50P1 - BASICS OF COUNSELING PSYCHOLOGY (OPEN COURSE)

CO1: To facilitate Students with nature and process of counselling and its meaning

CO2: To expose the students to different factors and applications of counselling

CO3: To enable the Students to acquire sufficient knowledge in the area of counselling in order to apply in various walks of life

Course: PY50P2 - LIFE SKILLS DEVELOPMENT (OPEN COURSE)

CO1: To develop abilities for adaptive and positive behaviour, that enables individuals to deal effectively with the demands and challenges of everyday life

CO2: To form the foundation of life skills education for the promotion of mental well-being, and healthy interaction and behaviour

CO3: To enable students to translate knowledge, attitudes and values into actual abilities - i.e., what to do and how to do it

CO4: To contribute to students' perception of self-efficacy, self-confidence and self-esteem.

Course: PY5P01 - EXPERIMENTAL PSYCHOLOGY (Practical)

CO1: To develop scientific and experimental attitudes in the student

CO2: To facilitate comprehension of the theoretical concepts through experiments

CO3: To develop the skills of observation and scientific reporting in psychology

CO4: To provide basic training in planning and conducting a psychological experiment

Course: PY5Pr01 - EXPERIENTIAL LEARNING PROJECT

Semester 6

Core Course: PY6CRT16 - PSYCHOLOGY OF MALADAPTIVE BEHAVIOUR

CO1: To encourage the students to know the causal pattern and the different therapeutic techniques in the management of personality, somatic symptom and dissociative disorders

CO2: To acquaint the students with the symptoms of childhood disorders, substance dependence and neurocognitive disorders

Core Course: PSY6CRT17 - MANAGING BEHAVIOR IN ORGANIZATION

CO1: To familiarize and learn concept of human organizations and behaviour in organizations

CO2: To introduce topics like Leadership, Motivation, Power, Conflict, and Negotiation in organizations and to learn strategies to Manage organizations more effectively

Core Course: PY6CRT18 - CHILD DEVELOPMENT

CO1: To understand the process and nature of child development

CO2: To create and inspire interest in observing the process of child development

CO3: To learn to relate the observation to current theories of child development

Choice Based Core Course: PY6CB01 - THEORY AND PRACTICE OF COUNSELLING

CO1: To understand the process and technique of counselling

CO2: To differentiate the various approaches to counselling

CO3: To be aware of the assumptions and issues of counselling applications

Choice Based Core Course: PY6CB02 SCHOOL PSYCHOLOGY

CO1: To equip the students with the theoretical and practical know-how of how to work as a school psychologist

Choice Based Core Course: PY6CB03 - HUMAN RESOURCE DEVELOPMENT

CO1: To introduce the principles and concepts of HRD

CO2: To learn how to implement HRD programmes to improve the effectiveness of organizations through self-development of employees at all levels.

Choice Based Core Course: PY6CB04 - HEALTH PSYCHOLOGY

CO1: To make awareness about the scope of health psychology and its role in achievement and maintenance of health

CO2: To make awareness about of the stress and coping behaviour of individuals in various life situations

CO3: To make aware of the role of Psychology in general health and chronic health problems.

Course: PY6P02 - PSYCHOLOGICAL ASSESSMENT (Practical)

CO1: To develop the ability to understand self and others

CO2: To familiarize with psychological instruments and tools

CO3: To generate interest in the analysis of psychological data

CO4: To develop the skills of testing and scientific reporting in psychology

CO5: To generate interest in working in the community with a psychological outlook

Course: PY6PR02 - RESEARCH PROJECT